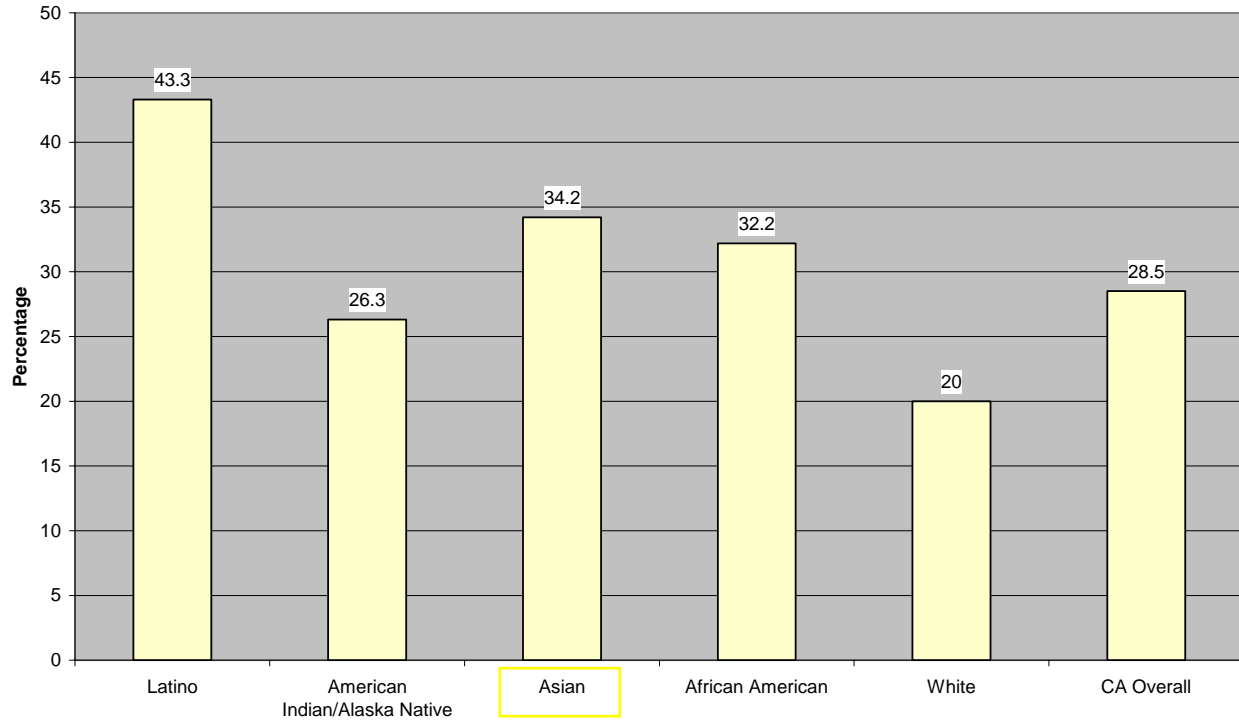


Physical Activity in CA's Asian Population

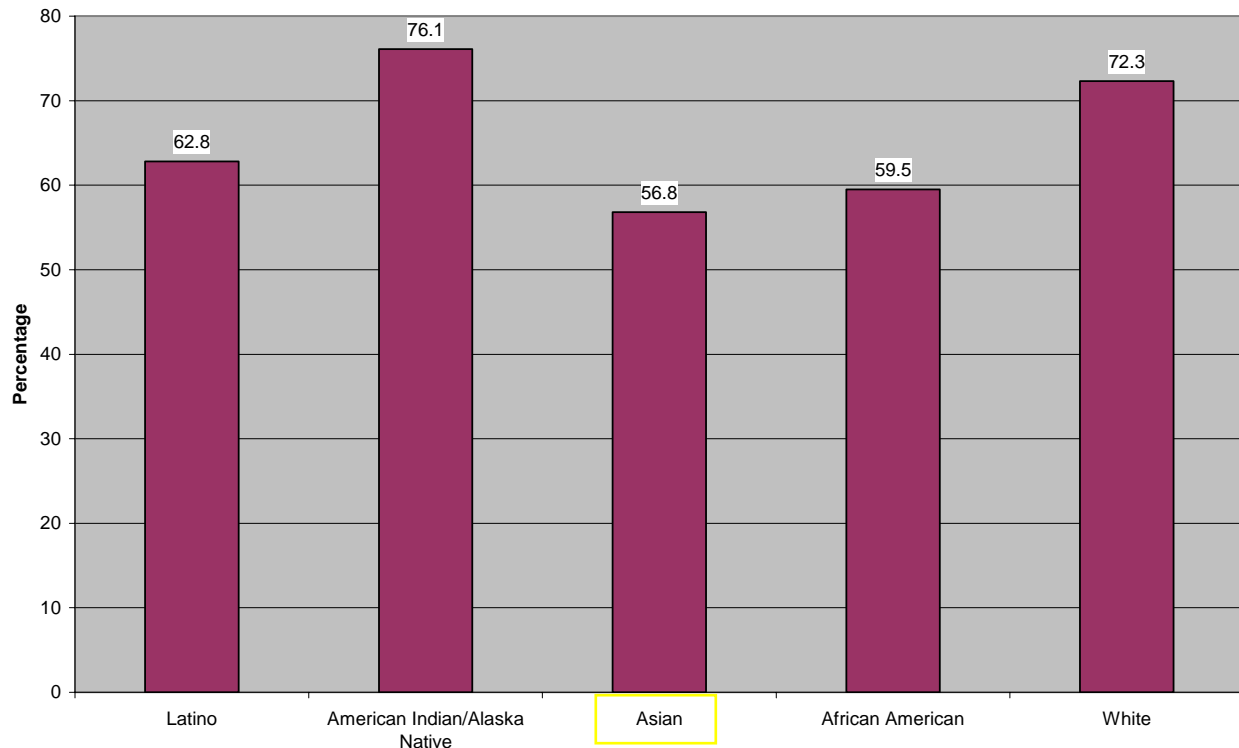
Percentage of Adults (18+) who do not engage in vigorous or moderate physical activity at all, California, 2001



California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)

www.chis.ucla.edu

Vigorous physical activity (at least 3 days per week) among Teens (12-17 years), compared by Race, California, 2003

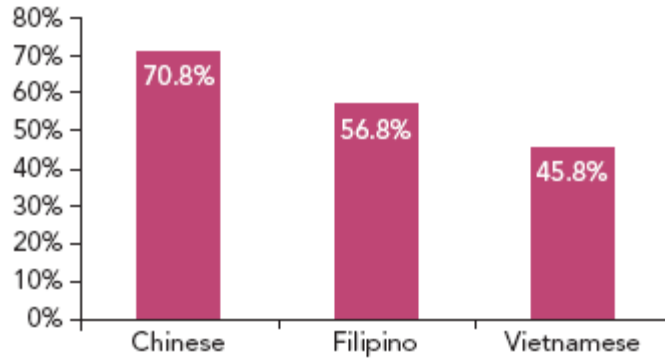


California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)

www.chis.ucla.edu

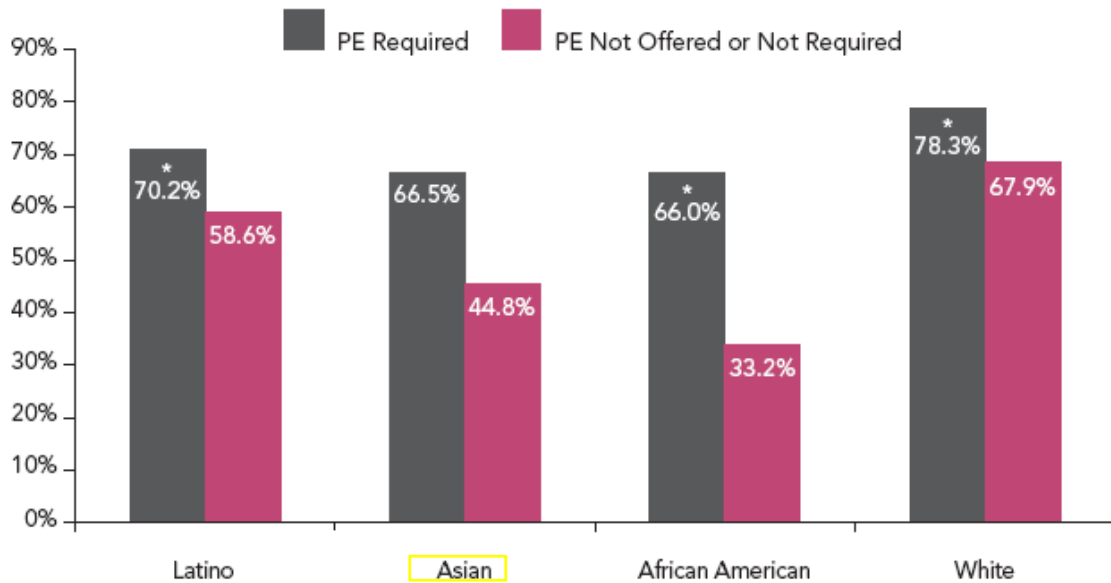
The following two graphs are from: [Health Policy Research Brief \(April 2005\): California Adolescents Increasingly Inactive](#), by the UCLA Center for Health Policy Research

Percent of Adolescents Engaging in Regular Physical Activity by Asian Ethnic Groups, Ages 12-17, California, 2003



Note: The estimates for other Asian ethnic groups were unreliable.
Source: 2003 California Health Interview Survey

Percent of Adolescents Engaging in Regular Physical Activity by Race/Ethnicity and Physical Education (PE) Requirements at School, Ages 12-17, California, 2003



*Significantly different from PE not offered or not required

Note: The estimates for Pacific Islander and American Indian/Alaska Native adolescents were unreliable.

Source: 2003 California Health Interview Survey