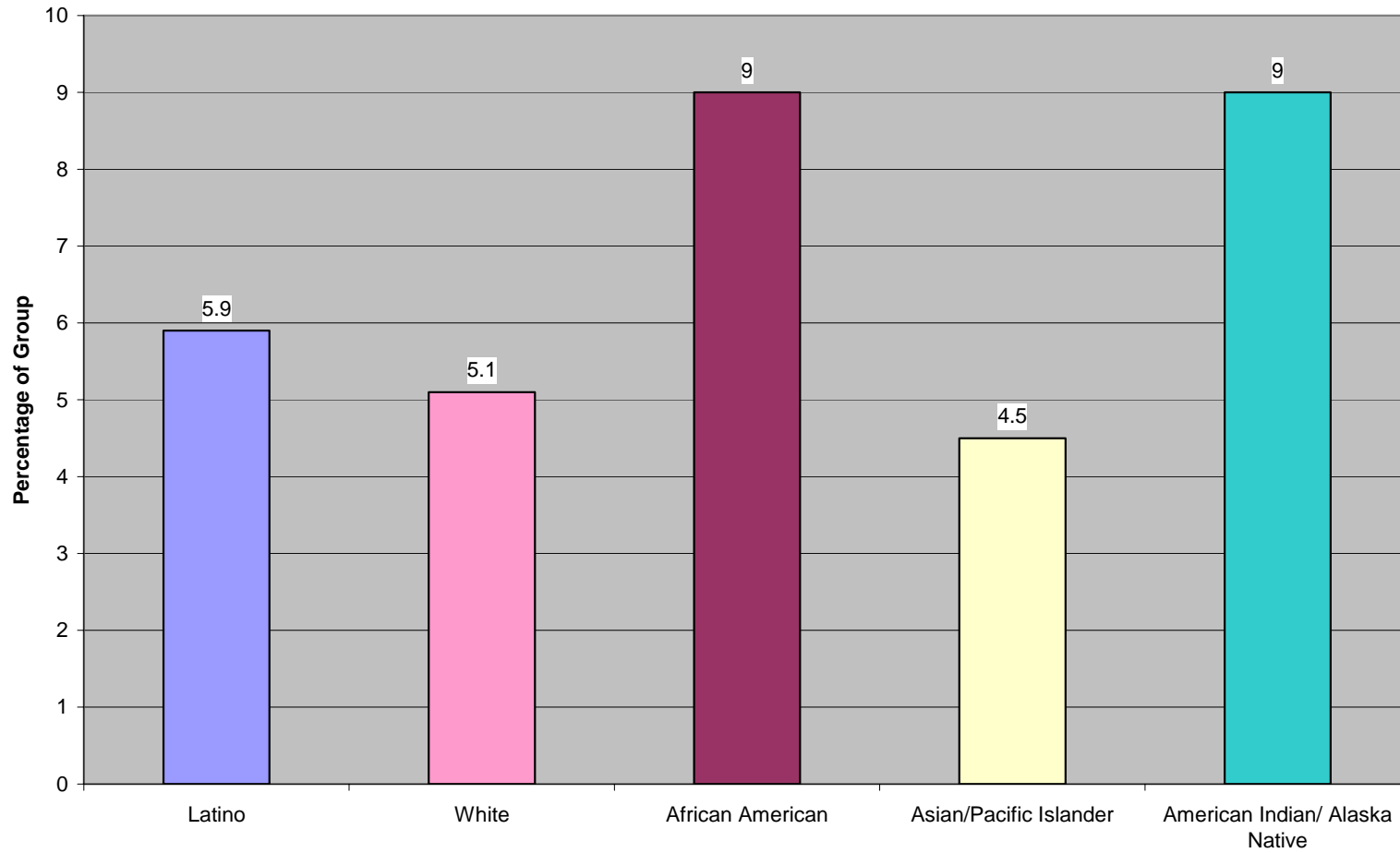


Diabetes in California's American Indian and Alaska Native Population

Percentage of Individuals Diagnosed with Diabetes by Racial/Ethnic Group, California, 2001



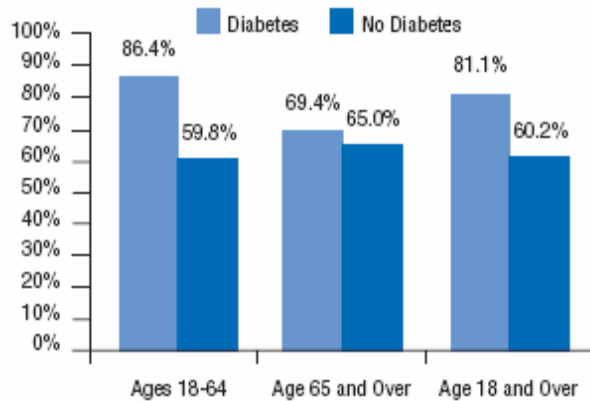
Source: California Health Interview Survey, 2001
AskCHIS: <http://www.chis.ucla.edu>

Co-Morbidities

The following two graphs and information come from:

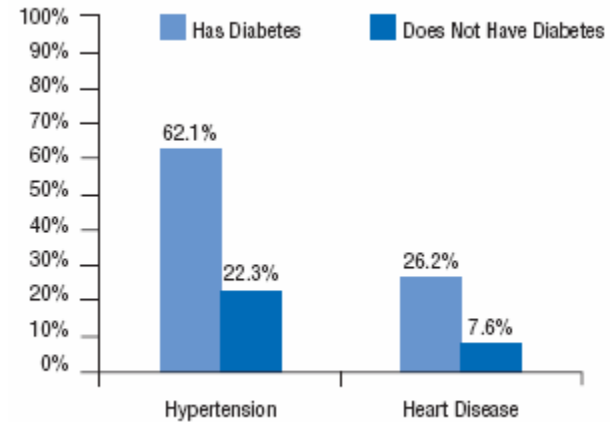
UCLA Center for Health Policy Research. *Health Policy Fact Sheet: Diabetes Among American Indians and Alaska Natives in California*, November 2003. http://www.healthpolicy.ucla.edu/pubs/files/AIAN_Diabetes_FactSheet.pdf (Pages 1, 2)

Percent of AI/AN Adults Who Are Overweight/Obese, by Age and Diabetes Status, Age 18 and Over, California, 2001



Note: Body mass index (BMI) was calculated based on respondent reports of weight and height. A BMI of 25-29.9 is considered overweight and a BMI of 30 and over is considered obese.

Percent of AI/AN Adults with Hypertension and Heart Disease, By Diabetes Status, Age 18 and Over, California, 2001



- Diabetes is a risk factor for health conditions such as hypertension, heart disease and stroke.
- Approximately 3 out of every 5 AI/AN adults with diagnosed diabetes in California (62.1%) have also been diagnosed with hypertension, nearly 2.8 times the rate seen in adults not diagnosed with diabetes.
 - Approximately 1 in 4 AI/AN adults with diagnosed diabetes in California (26.2%) have also been diagnosed with heart disease, nearly 3.4 times the rate seen in adults not diagnosed with diabetes.