Los Angeles County Service Planning Area 8 (South Bay/Harbor) is a mosaic of communities, ports, and incorporated municipalities, including the corridor that links the City of Los Angeles to all major ports of entry for international trade. The coastline along the Pacific Ocean serves as the western and southern border of SPA 8, from the City of El Segundo to the north, around the Palos Verdes Peninsula to the Los Angeles and Long Beach Harbors on the south; the SPA includes Santa Catalina Island. The eastern boundaries of the City of Long Beach, generally parallel to the San Gabriel River, constitute the eastern border for SPA 8. Its northern boundary is a jagged line that runs from 64th Street in the City of Inglewood-at the northernmost tip of the region-to Figueroa Street, south to State Highway 91 (the Artesia Freeway), and east along the northern border of the City of Long Beach to 70th Street.

Along with large populations in the cities of Los Angeles, Long Beach, and Carson, more than one thousand Pacific Islanders live in the cities of Compton, Torrance, and Hawthorne.

SPA 8 has high mortality rates for both cardiovascular disease and stroke in comparison to the county average.

SPA 8 has the second highest rate of incidence for new AIDS cases (per 100,000 persons) compared with all other SPAs in LA County.

The suicide rate among adults ages 55 years and older (per 100,000 population) is highest in SPA 8.

SPA 8 communities include:

- Avalon
- Carson
- El Segundo
- Gardena Palos
- Hawthorne Ranch
- Hermosa Beach
- Inglewood
- Lawndale
- Los Angeles
- Long Beach
- Manhattan Beach
- Verdes Estates
- Palos Verdes
- Redondo Beach
- Rolling Hills
- Torrance

Information courtesy of: County of Los Angeles, California