Incorporated Cities include:

**Bellflower Health District:**
- Artesia
- Bellflower
- Cerritos
- Hawaiian Gardens
- Lakewood
- Norwalk
- Signal Hill

**East Los Angeles Health District:**
- City of Commerce
- East Los Angeles
- Montebello

**San Antonio Health District:**
- Bell
- Bell Gardens
- Cudahy
- Downey
- Huntington Park
- Maywood
- South Gate
- Vernon

**Whittier Health District**
- La Habra Heights
- Pico Rivera
- Santa Fe Springs

Filipinos compose the largest population of API groups in SPA 7.

As of 2003, SPA 7 had the largest percentage of adults diagnosed with diabetes (9.4%) in the county.

In LA County in 2003, SPA 7 had one the highest percentages of live births where the mother received late or no prenatal care and had one of the highest rates of teenage pregnancy.