SPA 3: San Gabriel



A smaller proportion of adults in SPA 3 meet weekly physical activity standards (vigorous activity for at least 20 minutes at least 3 days/week or moderate activity for at least 30 minutes at least 5 days/week) than do adults in all other SPAs. A majority of the API language speaking households in three cities in the San Gabriel Valley are linguistically isolated: El Monte, San Gabriel, and Rosemead.

<u>Cities within SPA 3:</u>

ALHAMBRA	LA VERNE
ALTADENA	MONROVIA
ARCADIA	MONTEREY PARK
AZUSA	PASADENA
BALDWIN PARK	PAMONA
CLAREMONT	ROSEMEAD
COVINA	SAN DIMAS
DIAMOND BAR	SAN GABRIEL
DUERTE	SAN MARINO
ELMONTE	SIERRA MADRE
GLENDORA	SOUTH ELMONTE
INDUSTRY	TEMPLE CITY
IRWINDALE	WALNUT
IKWINDALE LA PUENTE	WEST COVINA



Information courtesy of:

SPA 3 is situated between the San Gabriel Mountains to the north and the Whittier Hills to the south. The SPA's western border is defined by the western boundaries of the cities of Pasadena, South Pasadena, Alhambra, and Monterey Park. Its eastern boundary is the San Bernardino County line, contiguous with the city boundaries of Claremont, Pomona, and Diamond Bar. SPA 3's southern border runs below a series of unincorporated areas (the Whittier Narrows Recreation Area, Hacienda Heights, Rowland Heights) and the Orange County line.

