What is a SPA?

Los Angeles County is divided into eight "Service Planning Areas" (SPA's) for health care planning purposes. Each SPA has an Area Health Office that is responsible for planning public health and clinical services according to the health needs of local communities. Some examples of healthcare planning activities include:

>> assessing health needs of local communities

>> providing services through Department of Health Services clinics and community partners

>> promoting health & preventing disease collaborating with community groups to improve the health of SPA residents

Included in this guide is a list of resources for learning the health characteristics of people in each service planning area. This information is intended to get you started with the research process for learning about the needs of the people you may serve and to help you identify the types of programs available in specific regions that may wish to partner with your efforts or that you may refer people to for ongoing follow-up care.

Please refer to the following link to learn more about a service planning area http://lapublichealth.org/spa/.
The SPA 1 boundaries are Kern County to the north, San Gabriel Mountains and Santa Clarita to the south, San Bernardino County to the east, and Ventura County to the west.

Smoking prevalence among adults is greater in SPA 1 than in any other SPA in LA County.

A larger proportion of adults and children suffer from asthma in SPA 1 than in most other SPAs.

Heart disease is the leading cause of death for SPA 1.

The infant death rate among African Americans in Antelope Valley was 28.4 per 1,000 live births, more than five times higher than the overall rate in the County for all ethnicities.

Information courtesy of:
The SPA 2 boundaries are as follows:
Westlake Village/Calabasas to the West
Glendale/La Cañada-Flintridge to the East
Santa Monica Mountains to the South
Castaic to the North

Information courtesy of:

Approximately, 14.6% of the population in the San Fernando Valley and 6.1% of the population in the Santa Clarita Valley live below the poverty level.

In 2004, estimates show that approximately 332,000 adults and children remain without health insurance in SPA 2, which represents 25% of the adult population (18-64) and 8.3% of children (0-17).
SPA 3: San Gabriel

Cities within SPA 3:

ALHAMBRA  LA VERNE
ALTADENA  MONROVIA
ARCADIA  MONTEREY PARK
AZUSA  PASADENA
BALDWIN PARK  PAMONA
CLAREMONT  ROSEMEAD
COVINA  SAN DIMAS
DIAMOND BAR  SAN GABRIEL
DUERTE  SAN MARINO
ELMONTE  SIERRA MADRE
GLENDORA  SOUTH ELMONTE
INDUSTRY  TEMPLE CITY
IRWINDALE  WALNUT
LA PUENTE  WEST COVINA

SPA 3 is situated between the San Gabriel Mountains to the north and the Whittier Hills to the south. The SPA’s western border is defined by the western boundaries of the cities of Pasadena, South Pasadena, Alhambra, and Monterey Park. Its eastern boundary is the San Bernardino County line, contiguous with the city boundaries of Claremont, Pomona, and Diamond Bar. SPA 3’s southern border runs below a series of unincorporated areas (the Whittier Narrows Recreation Area, Hacienda Heights, Rowland Heights) and the Orange County line.

A smaller proportion of adults in SPA 3 meet weekly physical activity standards (vigorous activity for at least 20 minutes at least 3 days/week or moderate activity for at least 30 minutes at least 5 days/week) than do adults in all other SPAs.

A majority of the API language speaking households in three cities in the San Gabriel Valley are linguistically isolated: El Monte, San Gabriel, and Rosemead.

Information courtesy of: COUNTY OF LOS ANGELES CALIFORNIA
Cities within SPA 4 include:

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<th>Hollywood/Wilshire</th>
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<tr>
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SPA 4 has the highest rate of incidence for new AIDS cases (per 100,000 persons) among all other SPAs in LA County.

Children 0-17 years old in SPA 4 are the least likely to have a regular source of health care of all SPAs.

SPA 4 and SPA 6 have a larger proportion of adults reporting that they or their children are in fair or poor health, when compared to other SPAs.

SPA 4 has the largest percentage of uninsured adults (37.6%) and the second largest percentage of uninsured children (14.3%) with respect to all other SPAs in the county.

Information courtesy of:
West L.A. is the community with the highest number of births and largest number of AI/AN residents.

Latinos compose the largest number of persons living below the Federal Poverty Level in SPA 5.

Among all SPAs, SPA 5 contains the highest percentage of children with current asthma.

The coastline, reaching from Carrillo State Beach to El Segundo, forms the SPA’s southern boundary.
SPA 6: South

Cities Within SPA 6:
Compton
Crenshaw
Florence
Lynwood
Paramount
Rosewood
Watts
West Adams
Willowbrook
Windsor Hills

SPA 6 has irregular boundary lines. On the north, SPA 6 borders Los Angeles City communities such as Mid-City, Country Club Park, Pico Union, and Koreatown. The southeastern tip of Downtown Los Angeles and the city boundaries of Vernon, Huntington Park, South Gate, Downey, and Bellflower form the SPA’s eastern border. Southern borders align with the city boundaries of Carson and Long Beach, and the unincorporated area of Rancho Dominguez; the southern tip of Compton extends into SPA 8 (South Bay/ Harbor). SPA 6’s western boundary proceeds along the borders of the neighboring cities of Inglewood and Culver City, extending south and east along portions of La Cienega Boulevard, Fairfax Avenue, Van Ness Avenue, Vermont Avenue, and Figueroa Street.

SPA 6 has the highest percentage of childhood overweight (based on grades 5, 7, & 9), the highest adult sedentary behavior and poorest adult nutrition ratings of all SPAs in the county.

SPA 4 and SPA 6 have a larger proportion of adults reporting that they or their children are in fair or poor health, when compared to other SPAs.

SPA 6 has the largest percentage of uninsured children (17.7%) and the second largest percentage of uninsured adults (36.4%) with respect to all other SPAs in the county.

Information courtesy of: COUNTY OF LOS ANGELES CALIFORNIA
As of 2003, SPA 7 had the largest percentage of adults diagnosed with diabetes (9.4%) in the county.

In LA County in 2003, SPA 7 had one of the highest percentages of live births where the mother received late or no prenatal care and had one of the highest rates of teenage pregnancy.

Information courtesy of:

Filipinos compose the largest population of API groups in SPA 7.
Los Angeles County Service Planning Area 8 (South Bay/Harbor) is a mosaic of communities, ports, and incorporated municipalities, including the corridor that links the City of Los Angeles to all major ports of entry for international trade. The coastline along the Pacific Ocean serves as the western and southern border of SPA 8, from the City of El Segundo to the north, around the Palos Verdes Peninsula to the Los Angeles and Long Beach Harbors on the south; the SPA includes Santa Catalina Island. The eastern boundaries of the City of Long Beach, generally parallel to the San Gabriel River, constitute the eastern border for SPA 8. Its northern boundary is a jagged line that runs from 64th Street in the City of Inglewood-at the northernmost tip of the region-to Figueroa Street, south to State Highway 91 (the Artesia Freeway), and east along the northern border of the City of Long Beach to 70th Street.

Along with large populations in the cities of Los Angeles, Long Beach, and Carson, more than one thousand Pacific Islanders live in the cities of Compton, Torrance, and Hawthorne.

SPA 8 has high mortality rates for both cardiovascular disease and stroke in comparison to the county average.

The suicide rate among adults ages 55 years and older (per 100,000 population) is highest in SPA 8.

SPA 8 has the second highest rate of incidence for new AIDS cases (per 100,000 persons) compared with all other SPAs in LA County.

Information courtesy of:
INCORPORATED CITIES IN LOS ANGELES COUNTY AND THEIR ASSOCIATED SERVICE PLANNING AREAS

If your organization has already determined a region for your health fair, you may use the following chart to learn which service planning area your region falls within. Once you identify the service planning area specific to your location, you may use other resources in this guide to help you understand the characteristics and health needs of the people that your organization may serve at your health fair or health outreach event. If a particular city is not listed in this chart, it may be an unincorporated city. To see a list of unincorporated cities and the agency that plans its programs and city services, please refer to the Los Angeles county website at: http://www.lacounty.info/counicrp.htm

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* Cities within Los Angeles fall within five different service planning areas.