

# Hosting your Health Fair at a Community Park or Recreation Center

Holding your health fair at a community park or recreation center has never been easier! Recently, the Department of Parks and Recreation has implemented the "Healthy Parks" Program in response to the alarming number of overweight and unfit children, teens and adults in Los Angeles County. Each site is working with its communities to develop Health and Wellness programs that most reflect their diverse community needs. The Department of Parks and Recreation is partnering with other agencies, departments and community-based organizations to provide a wide range of education and nutrition classes, health services provided by mobile health care providers and active or passive recreation programs, all in one setting. With the Healthy Parks Program, local County parks become community service "focal points" in improving health in multifaceted and multicultural ways.



## Healthy Parks Pilot Sites

The **seventeen "Healthy Park" pilot locations** are located in high-need areas within our county where the majority of residents are low income, "working poor" and with minimal resources. Low-income, poor nutrition and lack of transportation resulting in lack of access to information and health services make it difficult for these families to address health needs. Special attention is being paid to cultural factors that impact health and to the sensitive development of materials and services that honor the great diversity of experience found in Los Angeles County. The Healthy Parks Program takes much needed health services and other programs directly to the people who are most in need of these services, and help people to help themselves and each other.

### **Kenneth Hahn Recreation Area - SPA 5**

4100 South La Cienega Boulevard  
Los Angeles, CA 90056  
(323) 298-3660

### **Belvedere Community Regional Park - SPA 7**

4914 Cesar Chavez Avenue  
Los Angeles, CA 90022  
(323) 260-2342

### **El Cariso Community Regional Park - SPA 2**

13100 Hubbard Street  
Sylmar, CA 91342  
(818) 367-7050

### **Carolyn Rosas Park - SPA 3**

18500 East Farjardo Street  
Rowland Heights, CA 91748  
(626) 854-5557

### **Pathfinder Community Regional Park- SPA 3**

18150 East Pathfinder Road  
Rowland Heights, CA 91748  
(562) 690-0933

### **Lennox County Park - SPA 8**

10828 South Condon Avenue  
Lennox, CA 90304  
(310) 419-6712

### **Val Verde Community Regional Park - SPA 2**

30300 West Arlington Road  
Val Verde, CA 91384  
(661) 257-4014

### **Amelia Mayberry Park - SPA 7**

13201 East Meyer Road  
Whittier, CA 90605  
(562) 944-7202

### **Avocado Heights Park- SPA 3**

510 North Vineland Avenue  
La Puente, CA 91746  
(626) 333-0959

Each and every county park is a designated Healthy Parks site. To partner with an existing health fair organization or to host your own health fair at any park site, please contact the

**Healthy Parks Program :**

**Phone:** 661-294-2385

**Email:**

[HealthyParks@lacountyparks.org](mailto:HealthyParks@lacountyparks.org)

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## Mission of the Healthy Parks Program:

Creating healthy communities through people, parks and programs by offering family-oriented and culturally informed, health, nutrition, exercise programs, and educational opportunities that work together to improve the quality of life for all Los Angeles County residents.

### Healthy Parks Pilot Sites (continued)

#### Eugene A. Obregon Park - SPA 7

4021 East First Street  
Los Angeles, CA 90063  
(323) 260-2344

#### Adventure Park - SPA 7

10130 South Gunn Avenue  
Whittier, CA 90605  
(562) 698-7645

#### Franklin D. Roosevelt Park-SPA 7

7600 Graham Avenue  
Los Angeles CA 90001  
(323) 586-7228

#### Alondra Park - SPA 8

3850 West Manhattan Beach Blvd  
Lawndale, CA 90260  
(310) 217-8366

#### Mona Park-SPA 6

2291 East 121 Street  
Compton, CA 90222  
(310) 603-3729

#### William Steinmetz Park-SPA 3

1545 South Stimson Avenue  
Hacienda Heights, CA 91745  
(626) 855-5383

#### Pamela Park-SPA 3

2235 Goodall Avenue  
Duarte, CA 91010  
(626) 357-1619

#### Enterprise Park- SPA 6

13055 Clovis Avenue  
Los Angeles, CA 90059  
(310) 603-3725

### Healthy Parks General Information



[City of La Mirada Site](#)

[Public Health Awareness Fair Flyer](#)

[Public Health Week 2005 - Spanish](#)

[Public Health Week 2005](#)

[Healthy Parks Brochure](#)

[Healthy Parks Newsletter Spring 04](#)

[LACo Dept of Parks and Recreation facility locations](#)

[Click Here](#) for a list of all 113 parks/recreation centers in LA County.

LA County Department of Parks and Recreation Site: <http://parks.co.la.ca.us/>

LA County Healthy Parks Program: <http://parks.co.la.ca.us/HealthyParks.htm>