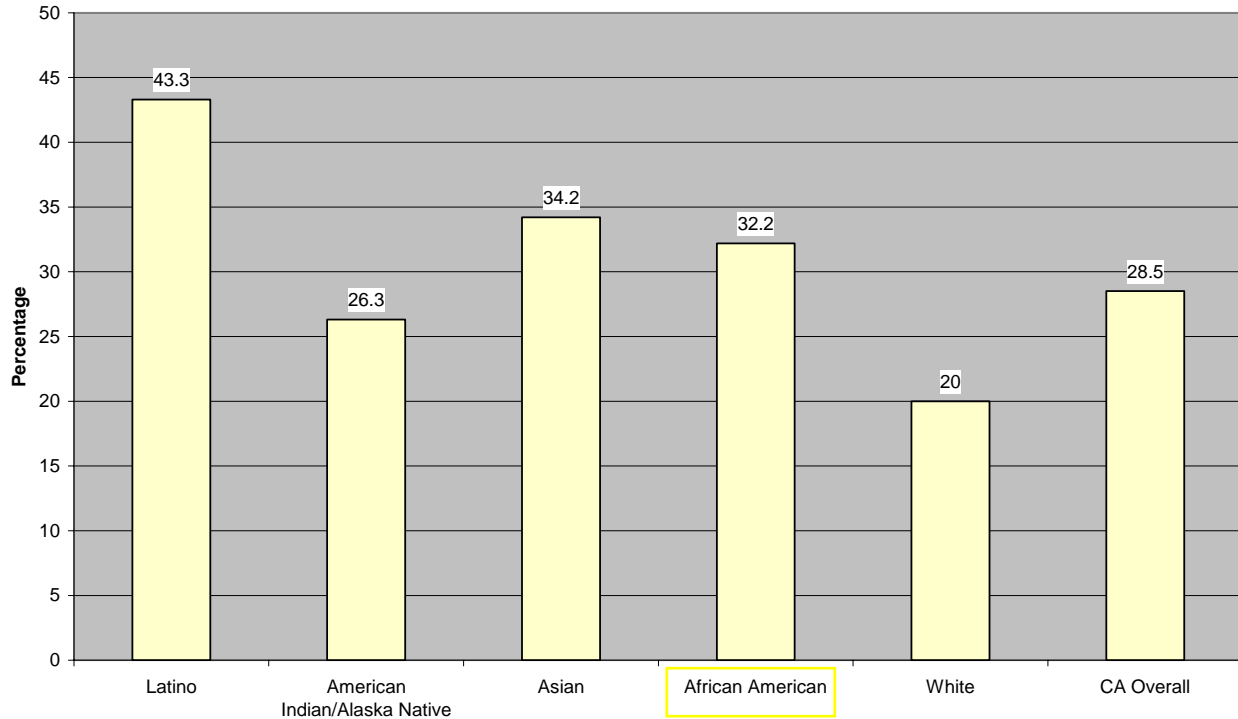


## Physical Activity in CA's Black Population

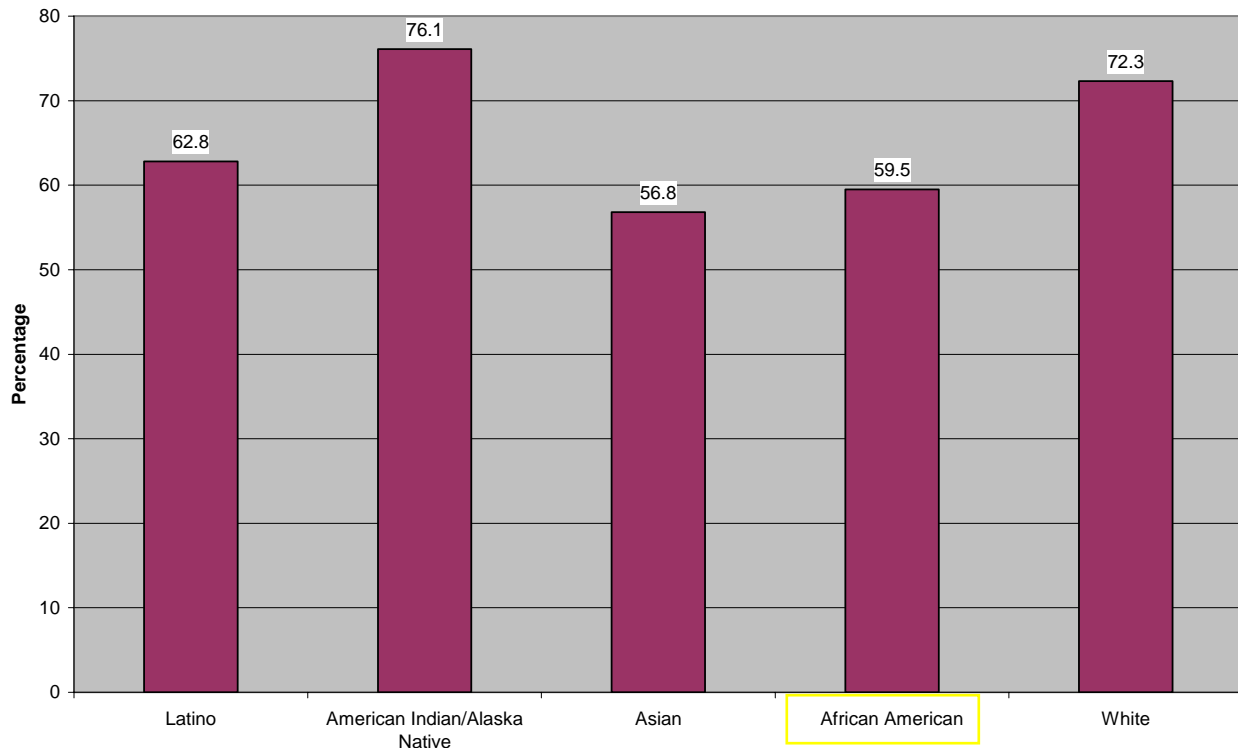
Percentage of Adults (18+) who do not engage in vigorous or moderate physical activity at all, California, 2001



California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)

[www.chis.ucla.edu](http://www.chis.ucla.edu)

Vigorous physical activity (at least 3 days per week) among Teens (12-17 years), compared by Race, California, 2003

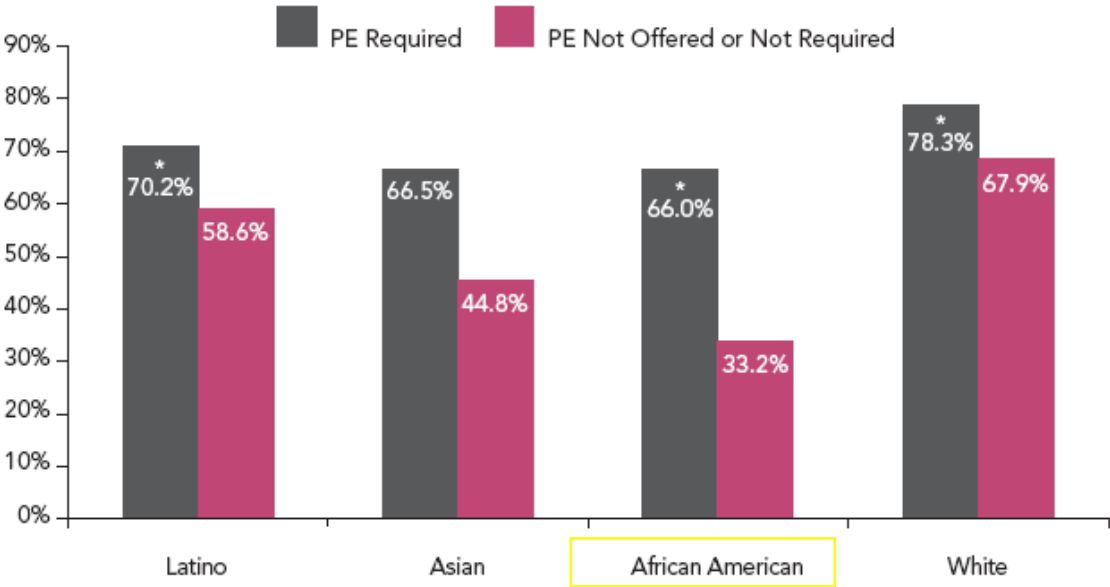


California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)

[www.chis.ucla.edu](http://www.chis.ucla.edu)

The following graph is from: [Health Policy Research Brief \(April 2005\): California Adolescents Increasingly Inactive](#), by the UCLA Center for Health Policy Research

### Percent of Adolescents Engaging in Regular Physical Activity by Race/Ethnicity and Physical Education (PE) Requirements at School, Ages 12-17, California, 2003



\*Significantly different from PE not offered or not required  
Note: The estimates for Pacific Islander and American Indian/Alaska Native adolescents were unreliable.

Source: 2003 California Health Interview Survey