Physical Activity in CA’s Black Population

Percentage of Adults (18+) who do not engage in vigorous or moderate physical activity at all, California, 2001

California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)
www.chis.ucla.edu

Vigorous physical activity (at least 3 days per week) among Teens (12-17 years), compared by Race, California, 2003

California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)
www.chis.ucla.edu
The following graph is from: *Health Policy Research Brief (April 2005): California Adolescents Increasingly Inactive*, by the UCLA Center for Health Policy Research.

**Percent of Adolescents Engaging in Regular Physical Activity by Race/Ethnicity and Physical Education (PE) Requirements at School, Ages 12-17, California, 2003**

*Significantly different from PE not offered or not required

Source: 2003 California Health Interview Survey

Note: The estimates for Pacific Islander and American Indian/Alaska Native adolescents were unreliable.