Physical Activity in CA’s American Indian and Alaska Native Population

Percentage of Adults (18+) who do not engage in vigorous or moderate physical activity at all, California, 2001

California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)
www.chis.ucla.edu

Vigorous physical activity (at least 3 days per week) among Teens (12-17 years), compared by Race, California, 2003

California Health Interview Survey, 2003 (UCLA Center for Health Policy Research)
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