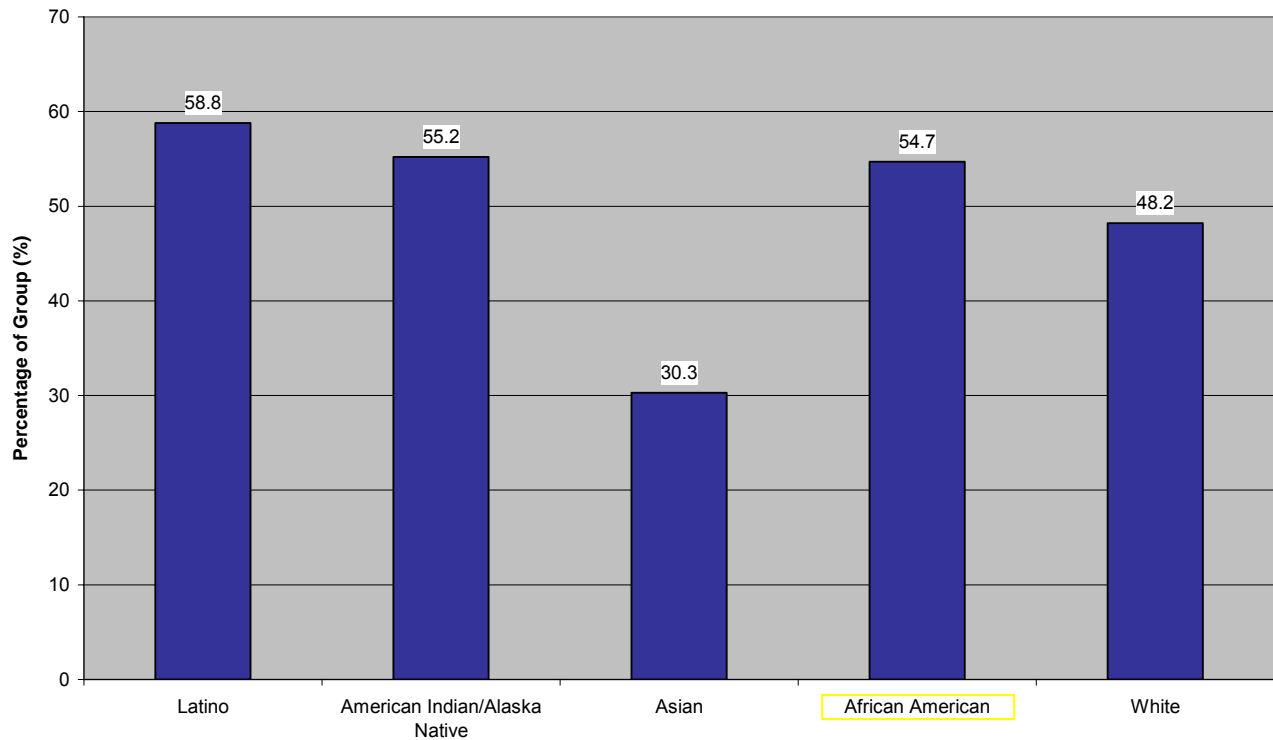


## Obesity in LA County's Black Population

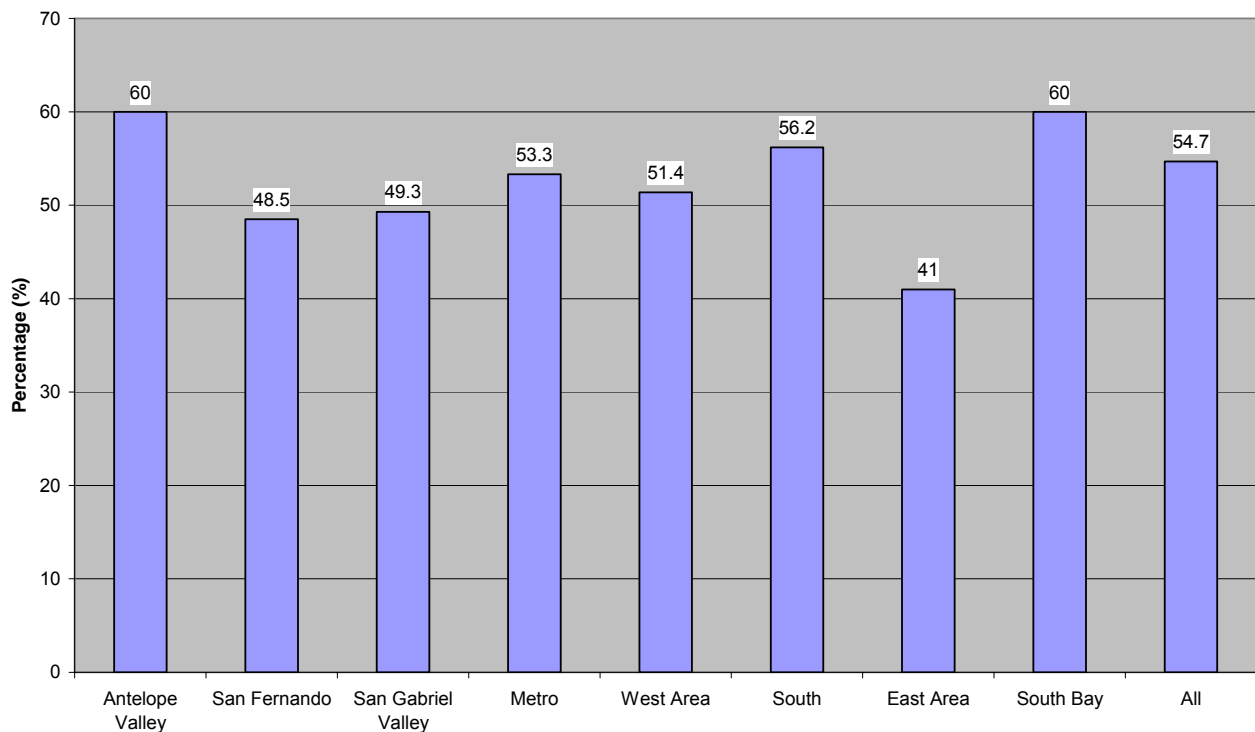
**Percentage of Overweight or Obese\* Adults (18+)  
by Race/Ethnicity, Los Angeles County, 2003**



\* "Overweight or obese" is defined in adults with a Body Mass Index of 25 or greater.

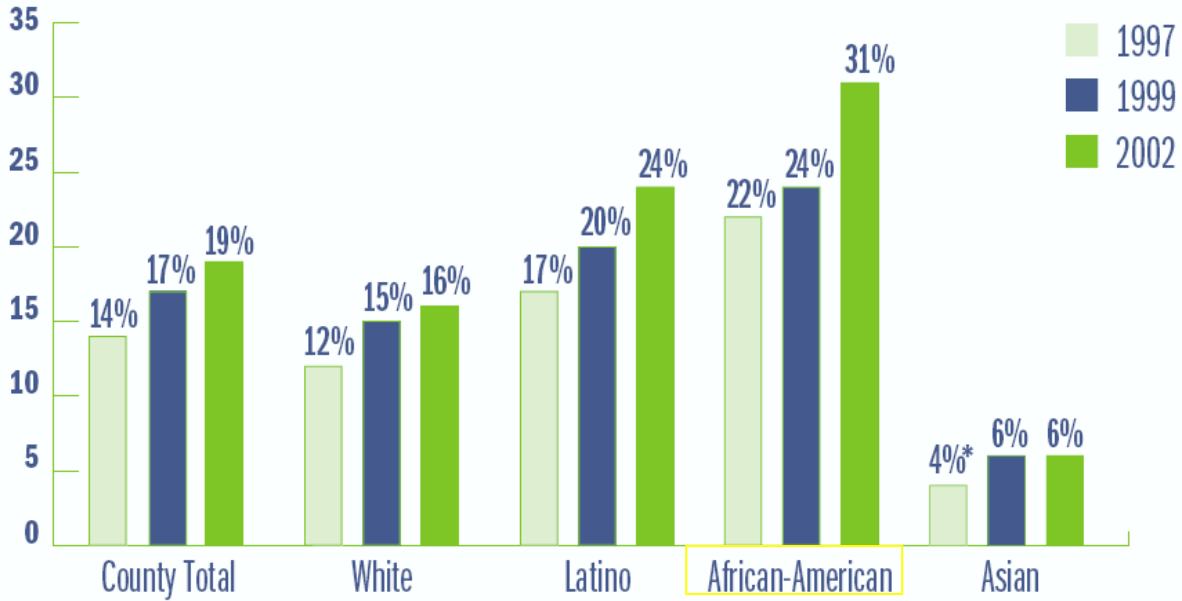
Source: 2003 California Health Interview Survey  
AskCHIS: <http://www.chis.ucla.edu>

**Percentage of African Americans Who Are Overweight or Obese, for each SPA  
(Service Planning Area), Los Angeles County, 2003**



Source: 2003 California Health Interview Survey  
AskCHIS: <http://www.chis.ucla.edu>

**Prevalence of Obesity Among Adults (18+) by Race/Ethnicity, Los Angeles County, 1997–2002**

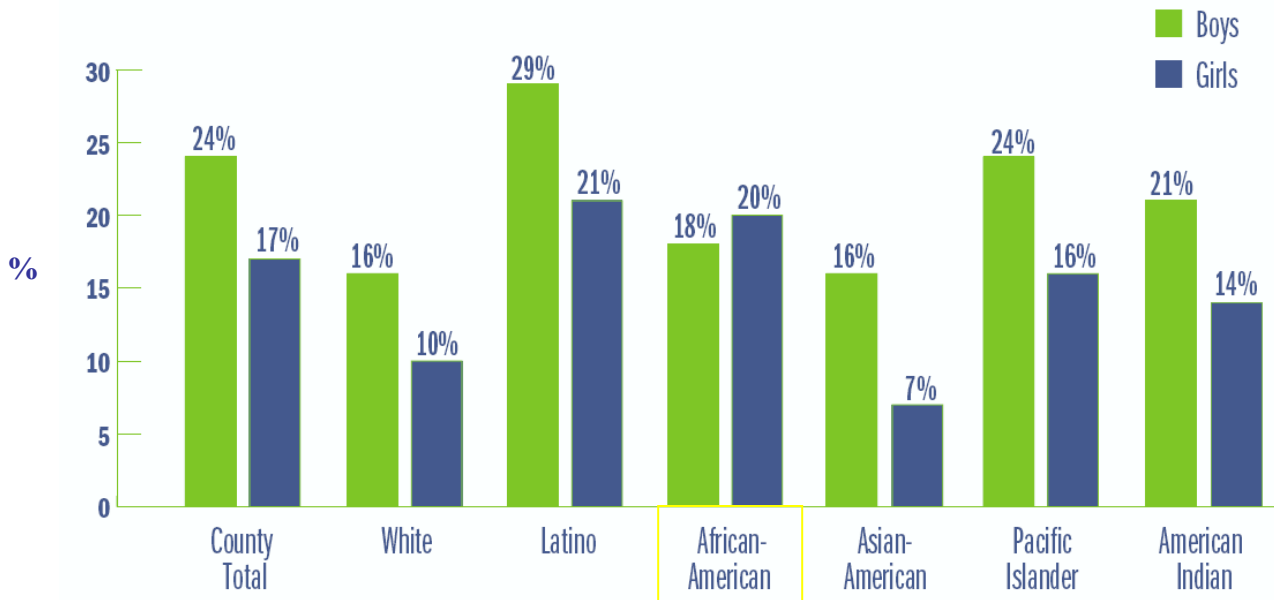


\* Estimate based on small sample size (n<30) and should be viewed with caution.

**Obesity** is defined as a body mass index (BMI) of 30 or greater. Overweight is defined as a BMI of 25-29.9.  $BMI = (\text{weight (lbs.)} / [\text{height (in.)}]^2) \times 703$ .

County of Los Angeles, Department of Public Health, Public Health Report: *Obesity on the Rise, 2003*  
[http://lapublichealth.org/ha/reports/habriefs/lahealth073003\\_obes.pdf](http://lapublichealth.org/ha/reports/habriefs/lahealth073003_obes.pdf) (Page 1)

**Prevalence of Overweight Among Children in Grades 5, 7 and 9 by Race/Ethnicity and Gender, Los Angeles County, 2001**



\* In children, the term “overweight” is used instead of “obesity.” Childhood overweight is defined as a BMI greater than or equal to the 95th percentile for age and at risk for overweight as BMI ≥ 85<sup>th</sup> percentile and <95th percentile for age based on standardized growth curves developed by the Centers for Disease Control and Prevention. These curves are based on height and weight measurements taken on children from 1963 through 1980, before the onset of the overweight epidemic.

County of Los Angeles, Department of Public Health, Public Health Report: *Obesity on the Rise, 2003*  
[http://lapublichealth.org/ha/reports/habriefs/lahealth073003\\_obes.pdf](http://lapublichealth.org/ha/reports/habriefs/lahealth073003_obes.pdf) (Page 2)