* "Overweight or obese" is defined in adults with a Body Mass Index of 25 or greater.

Source: 2003 California Health Interview Survey
AskCHIS: [http://www.chis.ucla.edu](http://www.chis.ucla.edu)
In children, the term “overweight” is used instead of “obesity.” Childhood overweight is defined as a BMI greater than or equal to the 95th percentile for age and at risk for overweight as BMI ≥ 85th percentile and <95th percentile for age based on standardized growth curves developed by the Centers for Disease Control and Prevention. These curves are based on height and weight measurements taken on children from 1963 through 1980, before the onset of the overweight epidemic.

County of Los Angeles, Department of Public Health, Public Health Report: Obesity on the Rise, 2003
http://lapublichealth.org/ha/reports/ habriefs/lahealth073003_obes.pdf (Page 2)